



Southwell Sport Opportunities Years 7 & 8 (Term 1 2021)

Dear Parents and Caregivers,

Please find below the details of our Sports Programme for Term 1 2021:

Our Southwell Sports programme is divided into two categories; Southwell Sport and Southwell Club Sport (*external competition*). Here at Southwell we value sport and have it embedded into our curriculum time. It is an expectation that all students from Years 5-8 take up this opportunity and participate in our sporting options.

Southwell Club Sport (External Competitions)

Southwell Club Sport will see selected teams, across various codes, entered into local external competitions and involved in our traditional Independent School Sports Fixtures (*excluding Cycling*). The fundamentals of this sporting option focus on developing and extending athletes across codes; developing transferable physical and social skills in a competitive environment. These teams will be selected based on skills, attitude and effort from school trials as indicated in the dates below. Trials are open to ANY student in Years 7 or 8 who wish to be considered for selection.

Please note the expectations of representing Southwell as a 'Club Sport' player:

- Is a positive team player; displays the core Southwell values
- Commits to all practices and games and is punctual. Arranges their own transport to and from game venues
- Communicates with the Coach/Manager if they are unable to attend practices or games
- Represents Southwell with pride and respect at all times
- Please note - if your child is interested in road cycling, they will need a road bike (not a mountain bike). The school does have a limited number of bikes for hire. Please contact peter.walch@southwell.school.nz if you are interested.

Our competitive Southwell Club Sports Options for Term 1 2021 will consist of:

Southwell Club Sport	
Basketball	
Practice*	Match
Tue 2:30pm / Thu 3:30pm	Tuesday
Cricket	
Practice*	Match
Tue 2:30pm / Thu 3:30pm	Saturday
Touch	
Practice*	Match
Tue 2:30pm / Thu 3:30pm	Monday
Road Cycling (must have a road bike)	
Practice*	Racing (optional)
Tue 2:30pm-4.00pm	Thursday (5.30pm)
Tennis	
Practice*	Match
Tue 2:30pm / Thu 3:30pm	n/a**
Softball	
Practice*	Match
Tue 2:30pm / Thu 3:30pm	Saturday

**In some cases there may be a variation on practice times for a sports team depending on the availability of coaches.*

*** Please note that our Tennis Team are not involved in a weekly competition offsite, however, are involved with our traditional School Fixtures and will be playing in an internal school based competition.*

Selection and Coaching

The number of competitive Southwell Club Sports teams will be dictated by student interest per code and the ability to resource teams with committed Coaches. Our physical spaces in some cases will impact our capacity to field large numbers of teams (e.g. Basketball).

Parent and caregiver assistance with coaching is essential in our ability to resource and deliver our sports programme. We appreciate your support. If you are able to offer assistance in coaching/managing a team please indicate this in the Google Form. We also encourage you to make contact if you have anyone that you know of that may be looking to develop their coaching portfolio.

Southwell Sport (Internal Competition)

Southwell Sport will allow students to select, learn, play and compete in a variety of sporting codes played internally within our Southwell Community. This option focuses on developing fundamental physical and social skills that can be transferred across sporting codes in line with our competitive 'Club' option. Weekly Southwell Sport sessions will be split between a training session and an internal competition session.

Our Southwell Sports Options for Term 1 2021 will consist of:

Southwell Sport (Term 1 2021)
Cross Sport*
Ultimate Frisbee
Aqua Activities (based in the school pool)
Softball

**Cross Sport - This option is designed to explore and develop fundamental fitness, ball and game skills required in sport through a variety of different individual and team game contexts.*

Additional Sports

Additional sport options that are offered through school in Term 1 are:

Water Polo, Inline Hockey, Equestrian and Girls Cricket.

These are optional and above and beyond our regular Sports Programme. To register your child's interest please complete this Google Form by [clicking here](#) or alternatively for additional information please contact Mr Norman via email, paul.norman@southwell.school.nz

Endorsed External Options

We acknowledge that there may be students who are involved in other commitments that we do not offer at Southwell (e.g. dancing, swimming squads, martial arts, equine etc). These students can be involved in Internal Southwell Sport in the 2.30pm training time and are free to leave school at 3.20pm on the later Southwell Sport training time (or they may leave school at both training times to

pursue their passion if they wish). If this applies to your child please contact paul.norman@southwell.school.nz to apply for an exemption.

To ensure that your child has a positive experience in Sport we encourage you to take the time to discuss which sporting option may be the best fit for them. The decision making then becomes a collaborative process and helps to develop a sense of student ownership.

Please click [here](#) to make your Term 1 2021 sporting selections via Google Forms.

Below is the timeline including deadlines for choosing options:

Action	Timeline
Communication letter sent to families	14 December 2020
Reminder communication sent	Friday 21 January
Final cut off date (all forms MUST be completed)	Monday 25 January
Trials take place, Southwell Sport clusters commence	Week 2, Tues, Wed, Thurs
Southwell Club Sports Teams named	Week 3

Term 1 Sports Training and Trial Dates:

Week	Day	Year	Time
2	Tuesday 2 February	Year 7/8	2:30pm - 3:20pm
	Wednesday 3 February	Year 7/8	2:30pm - 3:30pm
	Thursday 4 February	Year 7/8	3:30pm - 4:20pm

We look forward to an exciting and positive Term of Summer Sport which continues to grow and foster a love of sport and physical activity. Please ensure you follow the set timelines and if you have any queries don't hesitate to make contact. We are here to help in whatever way we can.

Kind Regards,

Becki Ross
Sports Convenor

Paul Norman
Director of Physical Education and Sport