



The Southwell School Outdoor Education Journey - Years 1 - 8

Southwell School provides each student with the skills and resources needed to explore and progress through their Outdoor Education Journey.

The Outdoor Education Journey map illustrates the progression of adaptable, age-appropriate and purposeful experiences which occur locally and regionally and are carefully planned to meet the physical, emotional and curricular needs of every student.

By completing their journey, outcomes for students include learning a set of outdoor skills, forming connections with the natural world, learning how to manage themselves, relating to others, and creating memories that will last a lifetime.

To help guide students through their journey, they will use the following key competencies;

- Thinking
- Using language symbols and texts
- Managing self
- Relating to others
- Participating and contributing

Years 0 - 2	Year 3	Year 4	Year 5	Year 6	Year 7	Year 8
Theme	Theme	Theme	Theme	Theme	Theme	Theme
JUNIOR EXPLORER	NATURE SCOUT	BRAVE ADVENTURER Adventure Week	KIA KAHA KIDS	CAMP COURAGE	THRILLS, CHILLS and SPILLS	ONE STEP FURTHER
Idea	Idea	Idea	Idea	Idea	Idea	Idea
The journey begins giving students different opportunities and experiences in a safe environment to develop thinking, social and language skills. Experiences will provide opportunities for students to manage themselves in dynamic and exciting situations. Exploration will include a combination of school-based activities and two off-site trips.	Our journey brings us to new areas beyond campus which include beautiful rivers and oceans of the Bay of Plenty. Students follow the path of some of our ancestors and learn about their natural surroundings (rivers and oceans) and how the early settlers adapted to these areas.	These brave adventurers will stay in the boarding house and participate in day trips to surrounding destinations in the Waikato region. They will be challenged to take risks and experience outdoor activities that may include surfing, cycling, kayaking, stand up paddleboarding and high wires.	Students are immersed in a cultural journey where they learn the importance of Tikanga Maori. The theme is Te Ohonga (to awaken) and the students will have the opportunity to learn more about Rotorua and its history. This journey will also see them experience some basic trekking and Mountain Biking in a natural setting.	For 5 days and 4 nights, students will use their growing set of skills and independence to step outside of their comfort zone. Through challenging activities at Lake Taupo, students will learn that it is the courage to continue that counts and to have a go in a new situation.	Students will rejoice in the splendour of the Bay of Plenty sunshine while engaging in a number of exciting activities involving water, challenge and adventure. This camp will develop our students' sense of connection with and wonder in the natural world. It will provide opportunities for them to build confidence and resourcefulness, and establish positive connections with their peers and teachers.	All the elements are brought to life in this challenging and exhilarating week where students really step out of their comfort zones. From experiencing the dizzying height of Mt Tongariro to the frigid, but refreshing waters of the pristine Waipakihiri River. All students truly experience the wonders of the New Zealand wilderness while also sharing the challenges of the week with friends, new and old.
Skills & Key Competencies	Skills & Key Competencies	Skills & Key Competencies	Skills & Key Competencies	Skills & Key Competencies	Skills & Key Competencies	Skills & Key Competencies
Observation, Thinking, Managing Self, Bike riding, Relating to Others, Participating and Contributing, Sun Smart, Swimming	Confidence in and around water, Staying away overnight, Surfing, Swimming in the ocean, Trekking, Managing self and developing independence in new environments, Thinking, Relating to Others, Participating and Contributing, Using Language Symbols and Texts	Build independence by being away from families, Living with others, Trying new foods, Building on cycling skills, Confidence building and taking risks, High wires, Kayaking, Stand Up Paddleboarding, Relating to Others, Participating and Contributing, Using Language Symbols and Texts	Developing an understanding for Tikanga, Biking skills, Managing Self and developing independence in new environments, Thinking, Relating to Others, Participating and Contributing, Using Language Symbols and Texts	Relating to others, Trust, Independence, Accountability, Participating and Contributing, Risk Taking, Building Courage, Thinking, Relating to Others, Using Language Symbols and Texts	Ability to cope with uncertainty and unfamiliar experience, Using critical reflection and creative thinking to overcome obstacles and solve problems, Developing independence and decision-making skills. Participating and Contributing, Risk Taking, Building Courage, Thinking, Relating to Others, Using Language Symbols and Texts	Stepping up to challenges and pushing yourself to discover what you are capable of and can achieve. Relating to others, Trust, Independence, Accountability, Participating and Contributing, Risk Taking, Thinking, Relating to Others, Using Language Symbols and Texts